

Your support will make a difference . . .

Young women today have lived their whole lives in a culture where abortion on demand for any reason throughout pregnancy is legal. For many women their first reflex to discovering that they are pregnant is abortion. It's a reaction ingrained from hearing repeated media bias. At Ramona Pregnancy Care Clinic each woman is provided crisis counseling, education and an ultrasound to inspire her to begin to care for her unborn child. Then she is assisted with other valuable support services such as classes, referrals, food, clothing and equipment-all free of charge to her.

What it's all about . . .

Nearly a dozen new pregnant women enter our program monthly, as well as, we continue to provide classes, groups and other support for women already in the program. In 2024 RPCC provided 1825 visits for services that link pregnant women from our community to prenatal care and support their families with education, supplies and friendship. While all RPCC services are free to the clients, it costs \$744 per day to keep the doors open. We urgently need your help to continue serving so many women and families.

What is the walk for life . . .

The Walk For Life 2025 is a family fund-raiser designed to benefit clients of the RPCC, by raising the necessary funds to continue providing free services to women challenged by crisis pregnancies.

Who walks . . .

It's a 1-mile walk, crawl, "stroller-to-wheelchair" event. So the answer is "EVERYONE!" If you can't be there the day of the Walk For Life, walk 1-mile on your own. Simply mail in your pledge form and sponsors' donations to us, and walk at your leisure.

Walk the route . . .

Walk with your friends and other walkers the 1-mile route around Calvary Chapel Ramona. Then enjoy a brunch served to all walkers, music and games for the kids.

Raise pledges . . .

Sponsors are the key to the success of the Walk For Life. Set a goal and go for it! You can create your own web page to send support letters to your e-mail list, track your sponsors' pledges, as well as a place for them to make their donations. For more info visit www.FriendsOfRPCC.com. Whether you make

a web page or not, ask for sponsorships for your efforts from family, friends, co-workers and Bible study members. Collect their donations as soon as possible. Turn in their money the day of the walk, or before. You'll be surprised how quickly the dollars add up.

How you can raise \$150 . . .

- Put in your OWN \$25 donation
- Have two friends give \$15 each
- Have two co-workers give \$15
- Have a relative donate \$25
- Have another friend give you \$20
- Collect \$10 from anyone you can

Earn a t-shirt . . .

There are two great ways to receive a T-shirt:

- Collect pledges for at least \$150.00
- Donate your own gift of \$25.00 or more

To be eligible for a free T-shirt, you must turn in your sponsor sheet and collected pledges by the day of the Walk For Life.

Earn other free stuff. . .

Walk For Life caps for 2024 will be awarded to walkers with \$500 in pledges. Those with \$1000 in pledges will receive a 2026 Walk For Life zippered sweatshirt when they come out next year.

Win great prizes. . .

Prizes will be awarded to the three walkers collecting the highest amount of donations. Prizes will be awarded for 1st Place, 2nd Place, and 3rd Place.

In order to qualify for prizes, your sponsor sheet and collected money must be turned into Ramona Pregnancy Care Clinic on or before Saturday, April 26th.

What do I bring to the walk for life. . .

Bring your completed sponsor forms, any donations you have collected and comfortable walking shoes. Wear your Walk For Life T-shirt!

Sponsored in part by. . .

Velocity Paint Ball Park • Stody Industrial Supplies
Zoo Automotive • Chick-fil-A, Poway
Kahoots • Wendy's, Ramona



Life is Good



Walk for Life

Saturday, April 26, 2025

9:00 a.m. (check-in begins at 8:00 a.m.)

Calvary Chapel Ramona

114 14th Street, Suite D

If it rains, bring your umbrella. We will walk in the rain.

Ramona Sentinel
Ramona's Community Newspaper Since 1888



T.D.Dairy



Pastime Ink



La Dawn and Craig Jung

Ramona Pregnancy Care Clinic
1530 Main Street, Suite 6 • Ramona • (760) 789-7059





Make checks payable to "Ramona Pregnancy Care Clinic" or "R.P.C.C."

Sponsor Pledge Form

Walk for Life 2025

Walker's Name: _____

I'm making a donation of: _____
(Walker's donation of \$25 or more receives a free T-shirt)

Mailing Address: _____ Zip: _____

Phone Number: _____

E-mail: _____

Church: _____

I release the RPCC from any liability for this event.

Signature: _____

Please print sponsor information legibly for mailing of receipts, and indicate when paid and the total amount of pledge.

Name _____	Phone _____
Mailing Address _____	City _____
State _____ Zip _____	<input type="checkbox"/> Paid
<input type="checkbox"/> \$25 <input type="checkbox"/> \$50 <input type="checkbox"/> \$75 <input type="checkbox"/> \$100 <input type="checkbox"/> \$250	Other \$ _____

Name _____	Phone _____
Mailing Address _____	City _____
State _____ Zip _____	<input type="checkbox"/> Paid
<input type="checkbox"/> \$25 <input type="checkbox"/> \$50 <input type="checkbox"/> \$75 <input type="checkbox"/> \$100 <input type="checkbox"/> \$250	Other \$ _____

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Sponsors can make donations online at www.FriendsOfRPCC.com, click on "Support".